

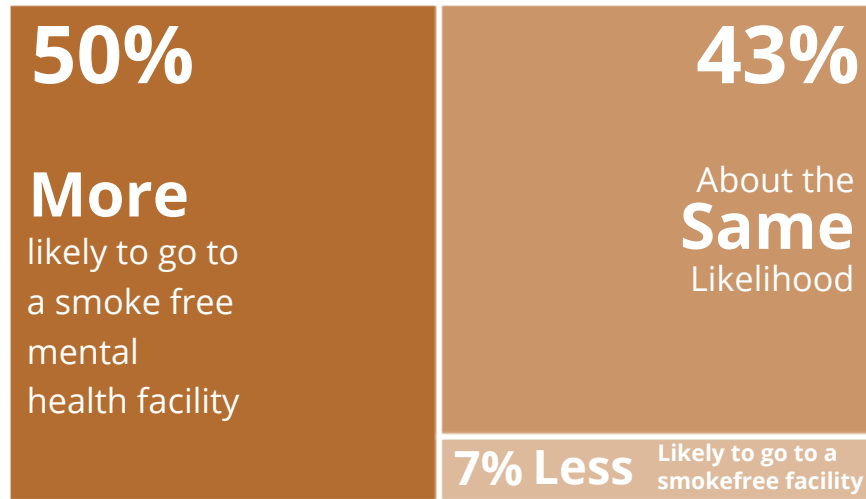
Data from the 2023 Medina County Community Tobacco Survey, shows strong support for addressing tobacco in behavioral health settings.

## Quitting is a priority

**96%** believe that it is **Very important** or **Somewhat important** for health care practitioners to ask patients about tobacco/nicotine use and provide help for those who want to quit.



## Most people want to go to smoke-free facilities



50% say they are more likely to seek mental health or substance misuse treatment at a behavioral health facility that is 100% smoke-free vs. one that is not if all other factors are the same.

## The majority support smoke-free facilities

**65%** **Strongly agree** or **Agree**

that tobacco use should **not** be allowed on the grounds of behavioral health treatment facilities.



# LEARNING MORE

ABOUT TOBACCO & RECOVERY

## Treating tobacco use alongside other Substance Misuse Disorders improves chances of long term recovery by 25% and improves outcomes.

This content is from a factsheet created by NIDA and SAMHSA. To view the full document visit: [The Smoking Cessation Leadership Center at UCSF](#)

**Smoking Cessation Therapies Benefit Substance Use Disorder Clients**

Smoking tobacco is one of the deadliest forms of addiction.

Smoking kills more people than alcohol, AIDS, or accidents. People who smoke are also at greater risk for conditions such as diabetes, high blood pressure, COPD, and stroke.

At least one **80% of clients in treatment for substance use disorders smoke cigarettes.**

During substance use disorder treatment, therapies that help people quit smoking do not interfere with an individual's recovery.

Studies have shown that as many as **80% of clients in substance use disorder treatment have expressed an interest in tobacco cessation.**

Research has shown **smoking cessation treatment demonstrated better outcomes for drug free days and abstinence.**

Smoking cessation therapies provided during substance use disorder treatment were associated with a **25% increased likelihood of long-term abstinence from alcohol and illicit drugs.**

Quitting tobacco use during drug addiction treatment is linked to a **25% increase in long-term sobriety.**

People in treatment for cocaine dependence may increase their success by participating in smoking cessation therapies.

Research has shown that participants receiving smoking cessation treatment demonstrated better outcomes for drug free days and abstinence.

In fact, **80% of participants completed the 10-week active treatment period** compared with smoking cessation treatment.

**Incorporate smoking cessation therapies into your substance use disorder treatment programs. You are making a difference.**

NIH National Institute on Drug Abuse SAMHSA

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Studies have shown that as many as **80% of clients** in substance use disorder treatment have **expressed an interest in tobacco cessation.**

**Quitting tobacco** use during drug addiction treatment is linked to a **25% increase in long-term sobriety.**

At minimum, **65% of clients in treatment** for substance use disorders smoke cigarettes.

There are many ways to address tobacco use in behavioral health settings. To learn more about how to support treatment of tobacco alongside substance use disorders, visit the resources below or contact us.

## SOURCES

WANT THE FULL PICTURE?  
GO BEYOND THIS SNAPSHOT.



### Sources:

2023 Medina County Tobacco Survey

Smoking Cessation Therapies Benefit Substance Use Disorder Clients - [The Smoking Cessation Leadership Center at UCSF](#)

### For more information on treating tobacco, visit:

SAMHSA - [store.samhsa.gov/sites/default/files/sma18-5069qg.pdf](https://store.samhsa.gov/sites/default/files/sma18-5069qg.pdf)

National Council on Mental Wellbeing - [bhthechange.org/resources](https://bhthechange.org/resources)

Medina County Health Department - [medinahealth.org/people/nicotine-tobacco](https://medinahealth.org/people/nicotine-tobacco)