



**FOR IMMEDIATE RELEASE**

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**Medina County's Move to Purple: What you need to know**

As of December 3, 2020, the Ohio Department of Health has designated Medina County as Level 4 or "Purple" in the Ohio Public Health Advisory System. A Level 4 Public Health Emergency represents risk for severe exposure and spread, with recommendations to only leave home for supplies and services. The Level 4 designation does not indicate new orders, but shows the severity of the coronavirus situation in our county.

1. Medina County is still under a Stay-At-Home Health Advisory. Citizens are advised to decrease in-person interactions except for essential business and needs: [https://medinahealth.org/wp-content/uploads/Medina-County-SAH-signed\\_UPDATED.pdf](https://medinahealth.org/wp-content/uploads/Medina-County-SAH-signed_UPDATED.pdf)
2. Symptoms of the coronavirus, flu, and season cold can be similar. If you have any symptoms, stay home from work or school and seek testing. Community testing locations can be found at <https://medinahealth.org/community/current-outbreaks/testing/>
3. If you have been in contact with someone that has recently tested positive for COVID-19 or someone who is showing signs of COVID-19 symptoms, stay home for at least 10 days after your last contact with that person and monitor yourself for symptoms.
4. If you are diagnosed with COVID-19, remain in isolation for 10 days after symptom start and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms. Notify anyone you were in close contact with in the 48 hours prior to the start of your symptoms. Those individuals should immediately self-quarantine.
5. If you are diagnosed with COVID-19, do not wait for a call from public health to start isolation. You will likely be notified of your positive test result by your doctor or through your online medical chart before the Health Department receives the positive result. If you are notified of a positive test result and work in a sensitive occupation such as a medical worker or first responder, are a student or work at a school, please call 330-723-9688, option 2. <https://medinahealth.org/wp-content/uploads/Ive-Been-Tested-for-COVID-19-Now-What.pdf>

6. Get your annual flu shot. Flu shots are available at the Health Center by called 330-723-9688, option 1.
7. Do not travel unless necessary: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/families-and-individuals/COVID-19-Travel-Advisory/COVID-19-Travel-Advisory>
8. Continue to follow good hygiene standards, including:
  - Always wear a mask in public or around others outside of your household.
  - Wash hands frequently with soap and water for at least 20 seconds.
  - Use hand sanitizer frequently.
  - Avoid touching your face.
  - Cover coughs or sneezes (e.g., into a tissue, or elbow).
  - Symptom self-evaluation monitoring.

Taking the steps listed in the Stay-At-Home Health Advisory issued on November 18, 2020 as well as the recommendations above are critical to slowing the spread of COVID-19, protecting the lives of Medina County citizens, and preserving healthcare services and capacity.

For questions or concerns, please call 330-723-9688, option 2 or visit [MedinaHealth.org](http://MedinaHealth.org).

For more information about the Ohio Public Health Advisory System, visit [coronavirus.ohio.gov](http://coronavirus.ohio.gov). For more information or resources related to COVID-19 in Medina County, visit [Medinahealth.org](http://Medinahealth.org). Follow Medina County Health Department on [Facebook](#) and [Twitter](#) for the latest updates.

#### **About Medina County Health Department**

The public health mission is to prevent, promote, and protect health. You can trust the Health Department to keep you informed and provide reliable information on what you can do during this outbreak and beyond. The Medina County Health Department has protected your health since 1918. Services are partially supported by your property tax health levy. Equal opportunity provider.

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