

# HIV Testing

## What you need to know

Getting an HIV test is a normal and important part of taking care of your sexual health.

Many HIV tests are now quick, FREE, and painless.

### Should I Get Tested for HIV?



According to the Centers for Disease Control and Prevention (CDC), everyone between the ages of 13 and 64 should get tested for HIV at least once. If you are pregnant or planning to get pregnant, get tested as soon as possible to protect your baby.

People with certain risk factors should get tested more often.

### Am I at Risk?



If you engage in any of the following behaviors, you should get tested at least once a year:

- You're a man who has had sex with another man
- You've had anal or vaginal sex with someone who has HIV
- You've had more than one sex partner since your last HIV test
- You've shared needles, syringes, or other drug injection equipment (for example, cookers)
- You've exchanged sex for drugs or money
- You've been diagnosed with or treated for another sexually transmitted infection
- You've been diagnosed with or treated for hepatitis or tuberculosis (TB)
- You've had sex with someone who has done anything listed above or with someone whose sexual history you don't know

### Where Can I Get Tested?



Visit [gettested.cdc.gov](https://gettested.cdc.gov) to find an HIV testing site near you, or you can visit the Medina County Health Department for free HIV testing. Call 330-723-9688, option 2 to schedule a confidential appointment. Scan the QR code for more information on HIV testing, prevention, and treatment.

