

The Swiss Cheese Model* of COVID-19 Prevention

Think of defending yourself from COVID-19 as slices of Swiss cheese. Wearing a mask or washing your hands is not enough because each slice by itself has holes. If you layer the slices by taking more safety steps, you'll protect yourself and others better.



Wear a mask.



Wash your hands often.



Maintain 6 feet of distance.



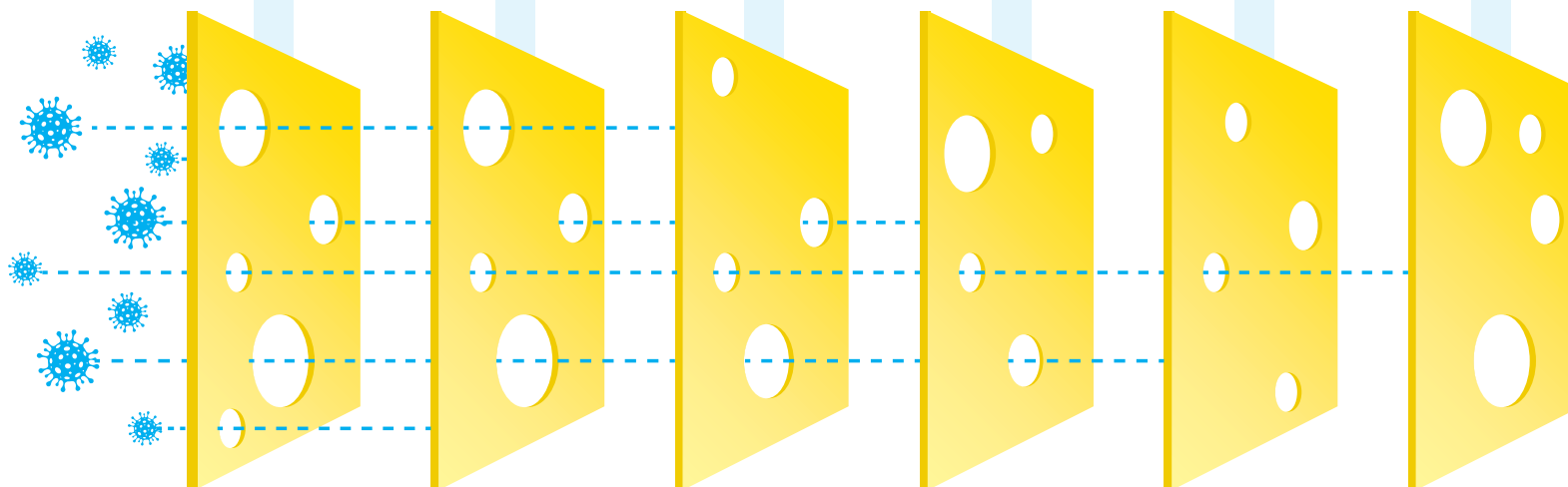
Clean high-touch surfaces.



Avoid large, indoor gatherings.



Open windows and screen doors to improve home ventilation, if possible.



*In 1990, James Reason, Ph.D., introduced the "Swiss Cheese Model" that has been adopted to improve safety across many industries.