



**FOR IMMEDIATE RELEASE**

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## **National Public Health Week 2024 – We Are All Public Health**

**March 29, 2024, Medina, Ohio** – The Medina County Health Department is gearing up to celebrate National Public Health Week 2024. The first full week of April is dedicated to celebrating public health and promoting the value it brings to our communities. This year's theme is *Protecting, Connecting, and Thriving: We are All Public Health*.

What is Public Health? Public health is all of us: families, neighborhoods, communities, public health professionals. We all are interconnected.

Public health prevents, promotes, and protects the health of all people and their communities. It improves our quality of life. Public Health professionals are often behind the scene, working every day to make improvements for the residents of our communities to keep them safe and healthy.

This year, during each day of National Public Health Week, we will focus on a particular public health topic. We will share what we have been working on and how we are continuously evolving to create safer communities and a healthier environment.

**Daily Themes:**

Monday, April 1- **Civic Engagement**  
Tuesday, April 2- **Healthy Neighborhoods**  
Wednesday, April 3- **Environmental Health**  
Thursday, April 4- **New Tools and Innovations**  
Friday, April 5- **Reproductive and Sexual Health**  
Saturday, April 6- **Emergency Preparedness**  
Sunday, April 7- **Future of Public Health**

Join us in celebrating National Public Health Week by following us on social media: Facebook, X, Instagram, and LinkedIn. Be a part of the conversation.

For more information on the programs and services offered by the Medina County Health Department, call 330-723-9688 or visit our web page at [www.medinahealth.org](http://www.medinahealth.org).

**The Medina County Health Department has protected your health since 1918. Services are partially supported by your property tax health levy. Equal opportunity provider.**

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