



FOR IMMEDIATE RELEASE

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Medina County Health Department Highlights Continued Progress in Health Outcomes and Health Factors

March 20, 2024- Medina, Ohio — According to new data from the [County Health Rankings & Roadmaps](https://www.countyhealthrankings.org) (CHR&R), a program of the University of Wisconsin, Medina County is faring better in health outcomes and health factors than the average county in both Ohio and in the nation. The new data and resources are available at www.countyhealthrankings.org.

What is New for 2024?

Each year, CHR&R publishes data to help counties throughout the country better understand what shapes the health of their county. In previous years, the report used a ranking system for counties. Moving forward, CHR&R will replace the ranking with a summary graphic for two different categories: Health Outcomes and Health Factors. These graphics allow for comparisons that support unity instead of competition to improve health.

“Medina County has seen improvements in a number of areas such as length of life, quality of life, access to healthy foods, and access to exercise opportunities when compared to national and state averages,” said Krista Wasowski, Medina County Health Commissioner. “As a community, we could continue to explore some areas and make improvements as well. Specifically in adult smoking, (16% of Medina County adult residents are current cigarette smokers) and adult obesity (38% of adults had a BMI of 30 or greater).”

Moving Data to Action

The annual data report offers a snapshot of the health of nearly every county in the nation. With data on more than 80 measures relevant to health, the data offers important context about the community conditions that support good health. This report is a call to action for leaders and community members to understand what affects our health, and to implement strategies so everyone can thrive.

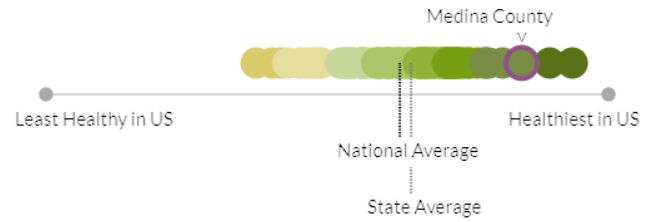
The Medina County Health Department will use these findings as we work to improve the health of our county. This data will help us identify gaps and show us the factors that affect our health. By including everyone and working together, we can make Medina County a healthier place for *all* people to be healthy and live well.

The Medina County Health Department has protected your health since 1918. Services are partially supported by your property tax health levy. Equal opportunity provider.

Medina County Health Outcomes i

Health Outcomes tell us how long people live on average within a community, and how much physical and mental health people experience in a community while they are alive.

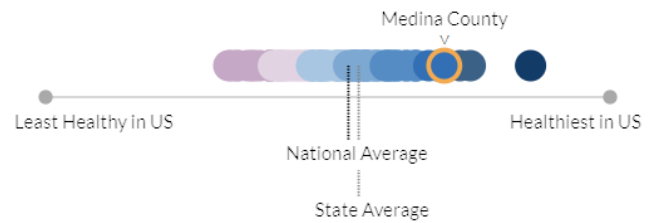
Medina County is faring better than the average county in Ohio for Health Outcomes, and better than the average county in the nation.



Medina County Health Factors i

Many things influence how well and how long we live. Health Factors represent those things we can improve to live longer and healthier lives. They are indicators of the future health of our communities.

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