



# 2016

## Annual Report

### Meeting the Needs of the Public

Our mission is to prevent disease, assure a healthful environment, prolong life, and promote well-being for the citizens of Medina County.



# WELCOME



I am very pleased to present the 2016 Medina County Health Department Annual Report. Last year we explained what national accreditation is and what it means for Medina citizens to

have an accredited agency monitoring the health of the community. This year we highlight the continuous improvements made throughout our operation in the past year. Investments in technology, training, and program delivery have made our services easier to use, more efficient and secure, and responsive to those seeking services.

We have been able to make these public health investments because of a conservative fiscal stance we have taken as an agency. The responsibility to promote, protect and improve health within our county in a sustainable, efficient manner is something that I do not take lightly. Careful planning and the application for state and federal funds to offset costs was an important aspect to the timing of some changes. I continue to be proud of the work done through this agency.

In this report you will see new programs, like Project DAWN which was developed in conjunction with the local ADAMH Board upon request from citizens. You will also read about the changes occurring with primary care services offered at the Health Department. We continue to serve hundreds of individuals each month in dental, medical, and nutrition programs on-site. Our new health center model will connect care for clients and ensure access for all residents who need it.

These pages contain only highlights from the past year, so I encourage you to explore our website to learn about all the programs we offer to Medina County. And I encourage you to contact me with ideas or questions.

Krista R. Wasowski, LSW, MPH  
Health Commissioner

# CUSTOMER SERVICE

## Conducted LeanOhio Project – Clerical File Process Improvement

The mission of LeanOhio is to make government services in Ohio simpler, faster, better, and less costly. The Environmental Health Division conducted a LeanOhio project to assess the site/soils review process regarding household sewage treatment system installations for new construction. The following are program outcomes:

- For the customer: decreased wait time, less information required from customers, and the creation of a step-by-step checklist to assist with the new construction sewage treatment system process.
- For the division: less time locating a file, fewer questions to ask the customer, reduced paperwork by over half, and more consistent process for clerical staff.

## WIC Nutrition Cards Arrived and Text Reminders Implemented

Women, Infants, and Children (WIC) is a nutrition education and supplemental food program for pregnant, breastfeeding, and postpartum women, infants, and children to age 5.

- Qualifying participants are able to purchase benefits with an electronic benefit card at authorized WIC grocery stores.
- The electronic benefit cards provide participants with greater flexibility to purchase their benefits as well as improve their shopping experience. The card also reduces the stigma often associated with the paper vouchers that were previously issued.
- The implementation of the text appointment reminder system has greatly improved the rate at which WIC participants keep appointments.
- The success of the Medina WIC text appointment reminder system has prompted the expansion of the system to other WIC projects across the state.

## New Business Software Utilized

Software for electronic time cards was purchased and implemented to reduce administrative time while capturing data for easier reporting. A Voice Over Internet Phone System (enables making voice calls using a broadband Internet connection instead of a regular (or analog) phone line) was purchased and installed to improve customer service and provide more efficient and reliable phone operations.

## Private Agency Network Established

A private agency network was purchased and established to enhance network security, reduce network down time, increase public communication, and provide opportunities for online training which saves money.

# SOCIAL MEDIA

At the Medina County Health Department (MCHD), we utilize Facebook, Twitter, and Pinterest. Social media is an efficient way to expand reach, promote engagement, and increase access to credible, science-based health messages.

The following are examples of when we use social media to communicate with residents:

- Notify of upcoming flu clinic schedules and availability for car seat installations
- Disseminate health information
- Circulate messaging about special health alerts
- Broadcast emergency preparedness information
- Share posts from community partners
- Advertise MCHD's upcoming events

The WIC staff developed a Pinterest page with nutrition and health information boards to disseminate reliable information to the public and clients. In addition, the information boards are also designed to serve as nutrition education modules. Participants are required to complete nutrition education to continue receiving food benefits.



# COMMUNITY NEEDS

## Living Well Medina County

The Medina County Health Department has facilitated Living Well Medina County (LWMC), a coalition of non-profit, education, government, and business leaders. In 2012, a county-wide data collection effort was completed in order to develop a Community Health Improvement Plan (CHIP). A CHIP develops a county-wide approach to addressing health and social service needs.

In 2016, LWMC again worked as a broad coalition to raise funding to repeat the data collection process in 2017 to evaluate projects that were developed or expanded. By partnering to conduct one county-wide assessment, this project eliminates duplication of efforts and cost in assessing needs.

## Project DAWN Clinic Started

Project DAWN (Deaths Avoided With Naloxone) is an overdose education and Naloxone (Narcan) distribution program facilitated by public health nurses. Participants learn how to:

- Recognize the signs and symptoms of an opioid overdose.
- Make an emergency 9-1-1 call.
- Perform rescue breathing.
- Administer Naloxone to someone experiencing an opioid overdose.

We partnered with local law enforcement and first responders to facilitate Naloxone administration training when required, as well as distributed Naloxone refills as needed. The Ohio Department of Mental Health and Addiction Services provided funding to support the supply of Naloxone for this component of the program. The following are program outcomes in 2016:

- 63 community members were trained and 67 response kits were distributed.
- 13 first responders participated in administration training and 38 doses were provided.

## Sewage System Replacement Grant Awarded

The Medina County Sanitary Engineer's office collaborated with Environmental Health to secure a \$300,000 grant from the Ohio Environmental Protection Agency. The funds were utilized to replace 27 systems that were creating public health nuisances.

# FINANCIAL REPORT

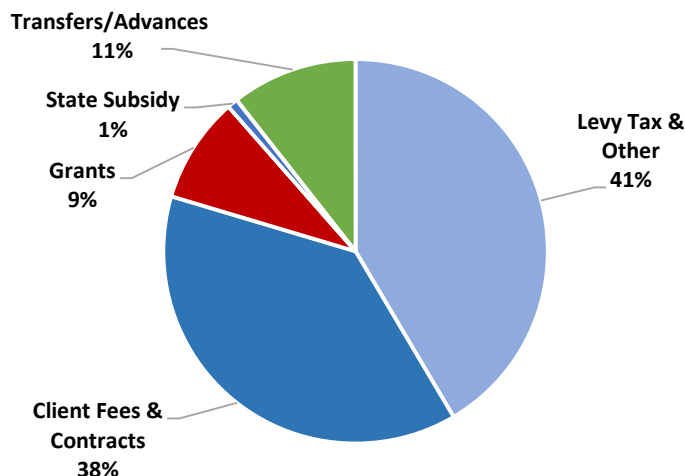
## Revenue

Levy Tax & Other	\$ 2,945,634
Client Fees & Contracts	\$ 2,707,523
Grants	\$ 632,939
Federal Funds	\$ 0
State Subsidy	\$ 61,940
Transfers/Advances	\$ 753,000
	<b>\$ 7,101,036</b>

## Expenses

Salaries	\$ 3,427,883
Benefits	\$ 1,051,041
Supplies	\$ 325,261
Remittances to State	\$ 203,229
Property/Liability Insurance	\$ 32,448
Advertising & Printing	\$ 31,287
Travel & Training	\$ 89,741
Contract Services	\$ 395,888
Postage	\$ 12,173
Other Expenses	\$ 82,167
Utilities	\$ 47,025
Equipment	\$ 201,666
Grant Indirect & Reimbursements	\$ 62,034
Transfers/Advances	\$ 753,000
	<b>\$ 6,714,843</b>

## Sources of Revenue



# NEW HEALTH CENTER

In 2016, we established a Health Center, providing primary medical and dental care in one location. The new health center can be a medical home for any resident in Medina County. The Health Center will continue to assist with enabling services i.e. transportation, translation, referrals for WIC, and referrals to community agencies. Services we provide include:

- Primary care
- Dental care (fluoride varnish, cleanings, exams, X-rays, sealants, fillings, root canals, extractions, dentures, and partials)
- Physicals (school, work)
- Immunizations (adult, teen, child, and international travel)
- Screenings (Pap, STD, HIV, Colorectal, and breast exams)
- Reproductive Health (annual exams, family planning, and pregnancy tests)

Most insurances are accepted and a sliding fee scale is available. In addition, The Health Center Division offers assistance with Medicaid applications.

## Extended Evening Hours

We now have extended hours for service on Tuesday evenings. The Health Center and WIC are opened until 7:00 pm and Public Health Nursing is open until 6:30 pm for Project DAWN.

## New Patient Portal and Patient Reminder

A patient portal is a safe online website that provides patients easy access to their medical and dental record information. Since implementation, Health Center patients are able to:

- Forward a direct message to their providers
- Manage their entire family's health records in one location
- Download or transmit medical information to another provider or school
- Confirm their appointments and choose how they wanted to be reminded for their appointments (email, phone, or text messaging)

## New Digital X-Rays and Updated Dental Operatories

- Improved comfort when photos are taken inside the mouth
- Easily transferred to a specialist for on-going dental needs
- Chairs that swivels for easy entry and exit
- Enhanced lighting
- More efficient access to supplies for provider and staff

# Birth & Death Statistics

## Births

Total Resident Births	<b>1798</b>
Resident Births in the County	<b>687</b>
Resident Births outside the County	<b>1111</b>

## Leading Causes of Death in Medina County

1. Heart Disease
2. Cancer
3. Chronic lower respiratory disease
4. Unintentional injuries
5. Stroke

Statistics provided by the Ohio Department of Health and the Medina County Health Department staff epidemiologists. Data is presented by county of residence not place of death.



The Medina County Health Department services are partially funded by your local health levy. We are an equal opportunity provider and employer.

## Hours of Operation:

Monday - Friday  
8:00 am - 4:30 pm

## Health Center Hours:

Monday - Thursday  
8:00 am - 4:30 pm

Tuesday  
8:00 am - 7:00 pm

Friday  
8:00 am - 2:00 pm

**All departments can be reached by dialing 330-723-9688 and selecting the appropriate option number listed.**

**Health Center**  
Option 1

**Public Health Nursing**  
Option 2

**Environmental Health**  
Option 3

**Women, Infants, and Children (WIC)**  
Option 4

**Health Promotion**  
Option 5

**Administrative Services**  
Option 6

**Health Commissioner**  
Krista Wasowski, LSW, MPH

## Board Members

Todd Supeck  
President  
Township Representative

Diane Capretta, BSN, RN, MBA, CCRN  
City of Brunswick  
Representative

Buck Adams  
City of Wadsworth Representative

Thomas Jenkins  
City of Medina Representative

Thomas Lehner, MD, FAAFP  
Board of Health Physician

Ronald Ricci, DDS  
Township Representative

Robert Romeyn  
Licensing Council Representative