2013 Annual Report

Healthy County

creating a

Medina County

PHOTO: Kevin McManus, Courtesy of The Post Newspapers
Welcome

On behalf of our dedicated staff and board members, I’d like to welcome you to the Medina County Health Department. We pride ourselves in being highly in tune to the needs of Medina County and offer a range of services that are aimed towards creating healthy people, a healthy community and a healthy environment. From outreach dental clinics in Lodi, to food safety in our local restaurants, our programs and special projects are all in response to the needs of those we serve.

We work with schools, businesses, non-profit agencies, and individuals to promote health and control disease. In fact, many of the things we do occur without your notice. The information that follows is our report to you, our financial supporters, to help you better understand what it is we do here at the Medina County Health Department and demonstrate how your tax dollars are being used wisely.

Please feel free to call or stop by our office any time with questions or to see the amazing things happening every day at YOUR Medina County Health Department. You can also find out more by visiting us on the web at www.medinahealth.org.

Health is not simply the absence of sickness, but more a state of complete physical, mental, and social well-being. It’s the steps, actions, and strategies that are put into place to achieve optimum wellness.

Eating right, being physically active and preventing disease are just a few ways we promote and support healthy lifestyles in Medina County. Here’s a closer look at how we are working to create healthy people.

Prevention
• Back-to-School Immunizations
• Flu Vaccines
• Well Children Physicals
• Women’s Health Clinic
• Dental Clinic
• Car Seat Installations & Inspections
• International Travel Vaccine Clinic
• Teen Clinic
• School Nursing Program
• New Baby Home Visits
• Body Art & Piercing Studio Inspections

Nutrition
• Breastfeeding Support & Education
• Food Safety Inspections and Education
• Supplemental Food Program & Nutrition Education
• Nutrition Counseling and Support

Fitness
• Childhood Obesity Prevention Program - 5-2-1-0 Let’s Go!
• Monthly gym class for parents and preschoolers
• Physical activity outreach programs with Big Brothers Big Sisters and local preschools

Congratulations to the Dental Clinic for giving Medina County 10 years of healthy smiles. Happy Anniversary!

Nurses contracted to work in two public and one parochial school district made over 18,000 student contacts.

Where Does the Medina County Health Department Revenue Come From?

Outreach Programs
• School Nursing Program
• Lodi Dental Clinic
• Immunization Clinics in Brunswick, Lodi, Spencer, and Wadsworth
• New Born Baby Home Visits
• Emergency dental care at the Medina County Jail

Info & Education
• Baby Fair
• Breastfeeding Affair On the Square
• Safe Food Handling Classes
• Bloodborne Pathogen Education
• Employee Health Events
• CPR Training

In 2013, redemption of WIC coupons provided Medina County an economic stimulus of nearly 1.2 million dollars.

Revenue
Levy Tax & Other $2,910,838
Client Fees & Contracts $2,685,800
Grants $602,768
Federal Funds $0
State Subsidy $45,853
Transfers In $277,665
Total Revenue $6,522,924

Expenses
Salaries $3,315,217
Benefits $900,493
Supplies $282,763
Remittances to State $197,650
Property/Liability Insurance $34,441
Advertising & Printing $20,762
Travel & Training $73,725
Contract Services $365,795
Postage $28,359
Other Expenses $80,220
Utilities $42,353
Equipment $192,646
Transfers Out $277,665
Total Expenses $6,812,089

Taking a closer look at how we are working to meet the needs of our community, in 2012 the Medina County Health Department collaborated with several other community agencies and organizations to take a comprehensive look at the health and well-being of our citizens. The results from the assessment were then used to develop a Community Health Improvement Plan that we are now using to set priorities, coordinate resources, and ensure that Medina County is the best place to live, work, and play.

Eating right, being physically active and preventing disease are just a few examples of how we are working to meet the needs of our community.

Nutrition Education
• Monthly gym class for parents and preschoolers
• Physical activity outreach programs with Big Brothers Big Sisters and local preschools

Creating a healthy community

Feeling Safe
• Preparedness Planning
• Medical Reserve Corps
• Everbridge Emergency Alert System

Nutrition
• Breastfeeding Support & Education
• Food Safety Inspections and Education
• Supplemental Food Program & Nutrition Education
• Nutrition Counseling and Support

Fitness
• Childhood Obesity Prevention Program - 5-2-1-0 Let’s Go!
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Creating healthy people

Nutrition Counseling and Support

Healthy Gareth Wasowski

Leading Causes of Death in Medina County

1. Cardiovascular Disease
2. Cancer
3. Other Respiratory Diseases
4. Dementia
5. Stroke

Births & Death Statistics

Total Resident Births 1712
Resident Births in the County 750
Resident Births outside the County 962

Over 300 Medical Reserve Corps volunteers attended emergency exercises and training throughout 2013.

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To reduce the risk of disease and infection, we inspect all body art studios in the county and offer classes on bloodborne pathogens and the importance of sanitized tools and surroundings.

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There are many ways to define a healthy environment. It includes the air we breathe, the water we drink, food we eat, and our overall surroundings. It’s the chemicals, the organisms, the weather, and the physical world that we have contact with everyday. Here are some of the ways that the Medina County Health Department reduces the environment’s negative effects on us and enhances those that are positive and healthy.

### Air, Water, & Gas

- Water system inspections including wells, cisterns, ponds, and springs
- Inspection of vehicles used for hauling water to cisterns, storage tanks, or swimming pools
- Water system evaluations for real estate transfers
- Septic system inspections and licensing of installers
- Registration of plumbing contractors
- Plumbing system inspections of all new homes and businesses
- Inspection of medical gas systems
- Water testing of all public spas and pools
- Inspection and licensing of waste facilities including the county’s 2 transfer stations, and 7 compost
- Enforcement of Ohio’s smoke-free work law

### Food

- 2,562 inspections of restaurants, cafeterias, grocery stores, food carts, fairs/festival trailers, convenience stores, and vending machine locations in Medina County
- Safe food handling classes including Level 1 Food Safety and Advanced ServSafe Training

### Surroundings

- Mosquito Treatment Program
- Rabies monitoring
- Nuisance complaints regarding sewage, water, food, solid waste, tires, rodents, animal manure, and insects
- School & playground inspections

### did you know

- that our public health nurses provided daily visits to Medina County residents being treated for Tuberculosis?
- that our Car Seat Technicians conducted 289 car seat checks in 2013 and distributed nearly 40 car seats to families in need?
- that as a “teaching” health department, we are preparing the public health leaders of the future by providing hands on experience to students studying dentistry, nursing, nutrition & dietetics, and health promotion?

For a closer look at our 2013 accomplishments, visit us at www.medinahealth.org