

# 2013 Annual Report



PHOTO: Kevin McManus, Courtesy of The Post Newspapers

 creating a  
**Healthy**  
Medina  
County

# WELCOME



On behalf of our dedicated staff and board members, I'd like to welcome you to the Medina County Health Department. We

pride ourselves in being highly in tune to the needs of Medina County and offer a range of services that are aimed towards **creating healthy people, a healthy community and a healthy environment.** From outreach dental clinics in Lodi, to food safety in our local restaurants, our programs and special projects are all in response to the needs of those we serve.

We work with schools, businesses, non-profit agencies, and individuals to promote health and control disease. In fact, many of the things we do occur without your notice. The information that follows is our report to you, our financial supporters, to help you better understand what it is we do here at the Medina County Health Department and demonstrate how your tax dollars are being used wisely.

Please feel free to call or stop by our office any time with questions or to see the amazing things happening every day at YOUR Medina County Health Department. You can also find out more by visiting us on the web at [www.medinahhealth.org](http://www.medinahhealth.org).

*Krista R. Wasowski*

Krista Wasowski, LSW, MPH  
Health Commissioner



**Congratulations to the Dental Clinic for giving Medina County 10 years of healthy smiles. Happy Anniversary!**



**Through support groups, encouragement, and education, more than 64% of WIC mothers in Medina County are choosing to initially breastfeed their newborn babies.**



**Nurses contracted to work in two public and one parochial school district made over 18,000 student contacts.**

## creating healthy PEOPLE

Health is not simply the absence of sickness, but more a state of complete physical, mental, and social well-being. It's the steps, actions, and strategies that are put into place to achieve optimum wellness.

Eating right, being physically active and preventing disease are just a few ways we promote and support healthy lifestyles in Medina County. Here's a closer look at how we are working to create healthy people.

### Prevention

- Back-to-School Immunizations
- Flu Vaccines
- Well Children Physicals
- Women's Health Clinic
- Dental Clinic
- Car Seat Installations & Inspections
- International Travel Vaccine Clinic
- Teen Clinic
- School Nursing Program
- New Baby Home Visits
- Body Art & Piercing Studio Inspections

### Nutrition

- Breastfeeding Support & Education
- Food Safety Inspections and Education
- Supplemental Food Program & Nutrition Education
- Nutrition Counseling and Support

### Fitness

- Childhood Obesity Prevention Program - 5,2,1,0 Let's Go!
- Monthly gym class for parents and preschoolers
- Physical activity outreach programs with Big Brothers/Big Sisters and local preschools



**Over 300 Medical Reserve Corps volunteers attended emergency exercises and training throughout 2013.**

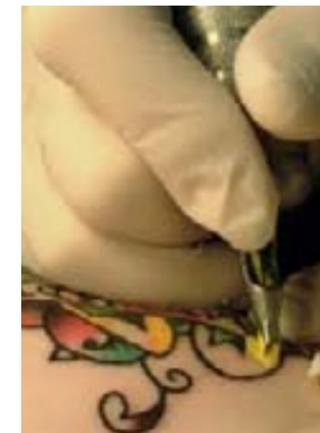


**In 2013, redemption of WIC coupons provided Medina County an economic stimulus of nearly 1.2 million dollars.**

## creating a healthy COMMUNITY

When asked, "What makes a community healthy?" people reply with answers much broader than "medical care," "hospitals," "doctors," or "access to good health insurance." For most, living in a healthy community means feeling safe, being well informed, and knowing there are local resources available to sustain a healthy lifestyle.

In 2012 the Medina County Health Department collaborated with several other community agencies and organizations to take a comprehensive look at the health and well-being of our citizens. The results from the assessment were then used to develop a Community Health Improvement Plan that we are now using to set priorities, coordinate resources, and ensure that Medina County is the best place to live, work, and play. Here are just a few examples of how we are meeting the needs of our community.



**To reduce the risk of disease and infection, we inspect all body art studios in the county and offer classes on bloodborne pathogens and the importance of sanitized tools and surroundings.**

### Feeling Safe

- Preparedness Planning
- Medical Reserve Corps
- Everbridge Emergency Alert System

### Outreach Programs

- School Nursing Program
- Lodi Dental Clinic
- Immunization Clinics in Brunswick, Lodi, Spencer, and Wadsworth
- New Born Baby Home Visits
- Emergency dental care at the Medina County Jail

### Info & Education

- Baby Fair
- Breastfeeding Affair On the Square
- Safe Food Handling Classes
- Bloodborne Pathogen Education
- Employee Health Events
- CPR Training

# making your dollars WORK

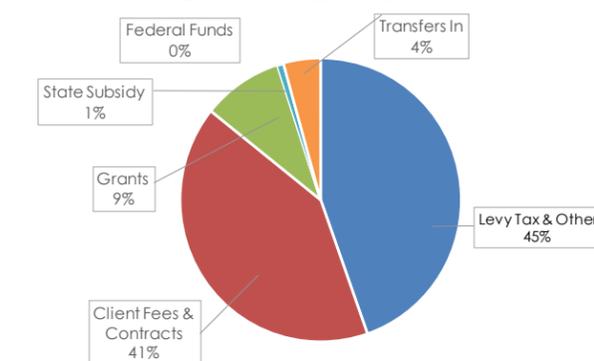
### Revenue

Levy Tax & Other	\$2,910,838
Client Fees & Contracts	\$2,685,800
Grants	\$602,768
Federal Funds	\$0
State Subsidy	\$45,853
Transfers In	\$277,665
<b>Total</b>	<b>\$6,522,924</b>

### Expenses

Salaries	\$3,315,217
Benefits	\$900,493
Supplies	\$282,763
Remittances to State	\$197,650
Property/Liability Insurance	\$34,441
Advertising & Printing	\$20,762
Travel & Training	\$73,725
Contract Services	\$365,795
Postage	\$28,359
Other Expenses	\$80,220
Utilities	\$42,353
Equipment	\$192,646
Transfers Out	\$277,665
<b>Total</b>	<b>\$5,812,089</b>

### Where Does the Medina County Health Department Revenue Come From?



## birth & death statistics

### Leading Causes of Death In Medina County

1. Cardiovascular Disease
2. Cancer
3. Other Respiratory Diseases
4. Dementia
5. Stroke

### Births

Total Resident Births	<b>1712</b>
Resident Births in the County	<b>750</b>
Resident Births outside the County	<b>962</b>

Statistics provided by the Ohio Department of Health and the Medina County Health Department staff epidemiologists. Data is presented by county of residence not place of death.

# creating a healthy ENVIRONMENT

There are many ways to define a healthy environment. It includes the air we breath, the water we drink, food we eat, and our overall surroundings. It's the chemicals, the organisms, the weather, and the physical world that we have contact with everyday. Here are some of the ways that the Medina County Health Department reduces the environment's negative effects on us and enhances those that are positive and healthy.

## Air, Water, & Gas

- Water system inspections including wells, cisterns, ponds, and springs
- Inspection of vehicles used for hauling water to cisterns, storage tanks, or swimming pools
- Water system evaluations for real estate transfers
- Septic system inspections and licensing of installers
- Registration of plumbing contractors
- Plumbing system inspections of all new homes and businesses
- Inspection of medical gas systems
- Water testing of all public spas and pools
- Inspection and licensing of waste facilities including the county's 2 transfer stations, and 7 compost,
- Enforcement of Ohio's smoke-free work law



*Even with a reduction in state funded grants, we were able to replace 5 failing sewage systems for low income families living in Medina County.*

## Food

- 2,562 inspections of restaurants, cafeterias, grocery stores, food carts, fairs/festival trailers, convenience stores, and vending machine locations in Medina County
- Safe food handling classes including Level 1 Food Safety and Advanced ServSafe Training



*Awareness of the health risks associated with rabies, resulted in an increase number of captured bats sent to us for testing.*

## Surroundings

- Mosquito Treatment Program
- Rabies monitoring
- Nuisance complaints regarding sewage, water, food, solid waste, tires, rodents, animal manure, and insects
- School & playground inspections

## did you know

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- that our public health nurses provided daily visits to Medina County residents being treated for Tuberculosis?
- that our Car Seat Technicians conducted 289 car seat checks in 2013 and distributed nearly 40 car seats to families in need?
- that as a "teaching" health department, we are preparing the public health leaders of the future by providing hands on experience to students studying dentistry, nursing, nutrition & dietetics, and health promotion?

**For a closer look at our 2013 accomplishments,  
visit us at [www.medinahhealth.org](http://www.medinahhealth.org)**

### Health Services

330-723-9688 (option 1)  
Director - Lisa Strebler

### Dental Clinic

330-723-9688 (option 2) or  
330-725-8794  
Director - Bev Kreiner

### Inspections & Permits

330-723-9688 (option 3) or  
330-723-9523  
Director - Colin Johnson

### Women, Infant, & Children (WIC)

330-723-9688 (option 4) or  
330-723-9629  
Director - Pam Shank

### Health information

330-723-9688 (option 5) or  
330-662-0511  
Director - Kristen Hildreth

### Administration

330-723-9688 (option 6) or  
330-723-9511  
Director - David McElhatten

### Health Commissioner

Krista Wasowski

### Board Members

Todd Supek  
President  
Township Representative

Cheryl McDade, RN, BSN  
Vice President  
City of Brunswick  
Representative

Buck Adams  
City of Wadsworth  
Representative

Thomas Jenkins  
City of Medina  
Representative

Thomas Lehner, MD, FAAFP  
Board of Health Physician

Ronald Ricci, DDS  
Township Representative

Robert Romeyn  
Licensing Council  
Representative