



Public Health
Prevent. Promote. Protect.



4800 Ledgewood Drive, Medina, OH 44256
330-723-9688 1-888-723-9688
www.medinahealth.org

Administration

330-723-9511
330-723-9659 (FAX)

Dental Health

330-725-8794
330-723-9674 (FAX)

Environmental Health

330-723-9523
330-723-9650 (FAX)

Health Promotion

330-662-0511
330-723-9659 (FAX)

Public Health Nursing

330-723-9688
330-723-9697 (FAX)

Women, Infants, & Children (WIC)

330-723-9629
330-723-9630 (FAX)

2012 Annual Report

Message from the Health Commissioner

I am very pleased to be writing this letter to you as your new Medina County Health Commissioner. In just a few short months I have come to realize what you most likely already know about your Health Department, that we are highly attuned to the needs of the county. From outreach dental clinics in Lodi, to grants for sewage system replacement for low-income residents, our programs and special projects are all in response to the needs of Medina County.

As you read through this annual report, you will see the unique function we have in ensuring community health. The Health Department works with schools, businesses, non-profit agencies, and individuals to promote health and control disease. Many of these functions are done without most residents even realizing they occur, and our true success is the absence of disease. Both of these facts make it difficult sometimes to explain why public health is so important.

In 2011 Medina County voters renewed a 0.7 mill levy for public health services. My commitment to the voters is that local funds will be used sensibly and efficiently, and that the Health Department will continue to focus on meeting local needs.

In 2012 a countywide needs assessment and a community health improvement plan were developed. The Health Department will soon have a strategic plan that outlines how we will use our resources, together with other county groups, to meet identified needs and improve health countywide.

I encourage you to view our website at www.medinahealth.org to learn more about Health Department projects, and to let us know how we are doing.

Krista Wasowski
Health Commissioner



PUBLIC HEALTH IS
Return on Investment

ROI

Save Lives, Save Money

The mission of the Medina County Health Department is to prevent disease, assure a healthful environment, prolong life, and promote the well being for the citizens of Medina County.



- Todd Supeck, President**
Township Representative
- Cheryl McDade, RN, BSN, Vice President**
City of Brunswick Representative
- Buck Adams**
City of Wadsworth Representative
- Thomas Jenkins**
City of Medina Representative
- Thomas Lehner, MD, FAAFP**
Board of Health Physician
- Ronald Ricci, DDS**
Township Representative
- Robert Romeyn**
Licensing Council Representative

ENSURING a safe, healthy **HOME** for your family

Learn more at
www.medinahhealth.org/quicklinks/Annual_Report

During 2012, the Medina County Health Department provided many programs to keep you safe at home.

Nutrition Education

According to the National Women, Infants, and Children (WIC)

Association, every dollar spent on the WIC program reduces the risk of pre-term birth by 25% and low birth weight for babies by 44%.

WIC touches thousands of pregnant women, breastfeeding women, infants, and children every month in Medina County. A typical monthly caseload in 2012, was 1,825 people. WIC provides nutrition education and healthy foods to help families make healthy choices. The WIC food package helps combat food insecurity, and contributes to reducing obesity and chronic disease. Medina WIC has a significant economic impact in Medina County. In 2012, \$1,159,297.60 worth of vouchers were redeemed at Medina County stores for healthy foods, such as dairy, whole grain products, vegetables, and fruits.

Lead Prevention

Public health nurses provide screening and testing for lead exposure in children less than six years of

age. They also provide ongoing care coordination with health care providers when a child has an elevated lead level. In addition, they may conduct a home visit to find any lead exposure sources in the home. In 2012, the Public Health Nursing Division provided over 620 lead screening and testing services. Early identification and treatment of lead-exposed children results in decreased costs to the education, health care, and juvenile justice systems.

Private Sewage Systems

Thanks to a 2012 grant from the Ohio Environmental Protection Agency, the Medina County Health Department Environmental Division helped low-income county residents fund the replacement of 15 failing household sewage treatment systems. Through this grant, \$150,000 of tax revenues were returned to Medina County and eliminated pollution to local ground and surface water sources.



Providing a safe ENVIRONMENT for children at **SCHOOL**

Healthy children learn better. Your Medina County Health Department inspects every Medina County public and private school playground, science room, and kitchen. In 2012, we provided 178 school inspections. All of our inspections are public record. You can request inspection reports by contacting the Environmental Health Division at 330-723-9523.



The Medina County Health Department provides individual/family nutrition counseling, student nutrition education, and technical support to schools and daycares. Over 7,300 pre-school through high school students learned about increasing healthy eating behaviors and physical activity through simple messages. The messages focus

Top Causes of **DEATH**

1. Cancer
2. Heart Disease
3. Chronic Lower Respiratory Disease
4. Stroke
5. Alzheimer's Disease
6. Accidents (including transportation)

Statistics are provided by the Ohio Department of Health. Data is sorted by county of residence, not place of death.

BIRTH and **DEATH** statistics

Birth Statistics

Medina County resident births in Medina County: **959**

Medina County resident births outside of Medina County: **1,001**

Total Medina County resident births: **1,960**

Death Statistics

Total deaths occurring in Medina County: **1,205**

on increasing fruit and vegetable intake and physical activity, and decreasing screen time and sugar-sweetened beverages.

Individual nutrition appointments for children from birth through the 21st birthday who are overweight or obese are available. Call 1-888-723-9688, Option 1, for more information or an appointment.

CREATING a healthy WORKPLACE

Public health works hard for you. From smoke-free policies that protect restaurant workers to simply posting hand-washing reminders that reduce the spread of disease, public health means we don't have to trade our health and safety to support ourselves and our families.

Public health nurses provide pre-employment physicals and immunizations to protect against diseases such as hepatitis B, and TB skin testing. In addition, Medina County Health Department staff are frequent speakers on topics such as wellness and the prevention and control of communicable diseases in the workplace. For more information, contact us at 1-888-723-9688.



Our environmental health plumbing inspectors check the plumbing at new or renovated restaurants and businesses in Medina County. Our inspections save time by finding problems before they happen and save businesses costly future repairs from plumbing errors. In 2012, they provided 2,367 inspections throughout Medina County.

Our emergency preparedness team works with local businesses to help them prepare for emergencies. Being prepared makes good business sense. Business continuity during a disaster will save our community money and ensure our community's resilience.

Protecting You While You're on the **MOVE**

Public health is the perfect traveling companion. It keeps passengers safer through our free car seat safety program. Medina County Health Department staff are Certified Child Passenger Safety Technicians and promote the safe and proper use of child passenger restraints. Car seat inspection appointments are available on the second Monday of the month from 2:00 p.m. until 6:00 p.m. Call 330-662-0511 for an appointment.



Public Health keeps travelers safe with immunizations, medical advice, and travel medicine through our International Travel Clinic. Public health nurses provide consultation to persons who will be traveling to foreign countries. Educating the traveler on prevention of diseases such as malaria and typhoid fever, as well as providing needed travel vaccines, are part of the public health's role in preventing the spread of travel-related illnesses, not only for the traveler abroad, but to the community as a whole.

Public health controls the mosquito population while you are on the move by treating roadside ditches, storm water catch basins, and other standing water areas throughout Medina County. This program minimizes the incidence of West Nile virus, LaCrosse Encephalitis, and other mosquito-borne diseases.



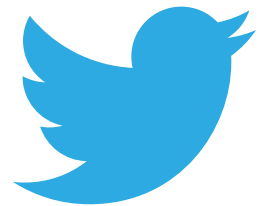
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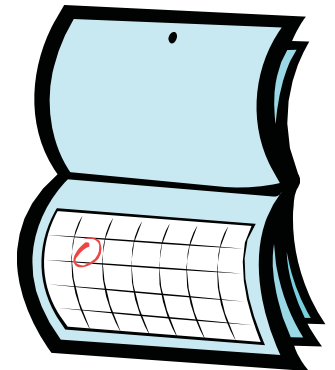
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Whether it's the immunizations that prevent disease, dental clinics that reduce emergency room usage, food establishment inspections, or a community health assessment, public health has the power to lift the health of the entire community.

Food Inspections

The Medina County Health Department trains local restaurant employees about safe food handling practices and provides them with a food handling guide. In return, we have a skilled workforce who know how to prevent foodborne illnesses.

Through 2,567 inspections during 2012, we ensured that restaurants and grocery stores provide safe food to consumers.



Immunizations and Disease Prevention

Immunizations protect not only the person immunized, but those in the family and community as a whole. In 2012, the public health nurses provided a total of 12,000 doses of vaccine.

Behind the scenes our epidemiology team monitors levels of communicable disease in the community and watches closely for any unusual changes that might signal a threat to the health of the community.

Dental Clinic

Our Dental Health Services provide quality dental care for over 7,000 people every year. Services include cleanings, exams, x-rays, sealants, fillings, extractions, root canals, dentures, and partials. We also provide an emergency dental clinic twice a week. Our clinic is essential

because there is a limited number of dentists in Medina County who accept Medicaid. We provide the only emergency dental clinic in the community. We are reducing the number of dental emergency room visits, saving lives, and saving tax payer money.



Community Needs Assessment

In September 2012, Living Well Medina County (LWMC), a coalition looking at the health, education, and social service needs of Medina County residents, released the results of a county-wide Community Needs Assessment. The vision of LWMC is Creating and Implementing a Community Vision that Promotes Living Well in Medina County. The Medina County Health Department has been an active member of LWMC.

The Medina County Health Department is utilizing the needs assessment and a Community Health Improvement Plan to develop an agency strategic plan to determine how we can improve the health of Medina County residents, meeting our mission to prevent disease, assure a healthful environment, prolong life, and promote well being for the citizens of Medina County.

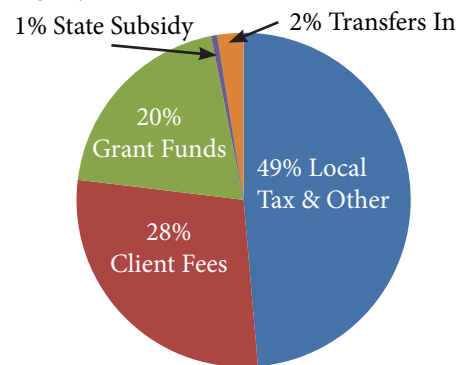
Breastfeeding

Research shows that breastfeeding provides numerous health benefits to both the mother and her baby, helping to reduce healthcare costs. Breastfeeding lowers a child's risk of obesity, type 2 diabetes, and asthma. In Medina County, 37% of postpartum women on WIC breastfeed and 22% of infants on WIC are being breastfed.

FISCAL REPORT

Revenues	
Local Tax & Other	\$2,969,685
Client Fees	\$1,727,961
Grant Funds	\$1,218,963
State Subsidy	\$35,372
Federal Funds	\$0
Transfers In	\$155,190
Total 2012 Revenues	\$6,107,171
Expenses	
Salaries	\$3,678,021
Benefits	\$1,134,300
Supplies	\$258,005
Remittances to State	\$186,466
Insurance	\$38,494
Advertising & Print	\$24,512
Travel & Training	\$82,957
Contract Services	\$396,806
Other Expenses/ Rental/Refunds	\$55,847
Utilities	\$91,944
Equipment	\$31,628
Transfer Out/Bond Debt	\$151,589
Total 2012 Expenses	\$6,130,570

Where does the Medina County Health Department revenue come from?



Medina County Health Department Services are partially supported by your local health levy. Thank You!